

Soyfoods Shopping Made Easy

Want to add soyfoods to your shopping cart, but you're not sure where to find them? This soy shopping list makes it easy to locate many soyfoods commonly available at your local market.

Looking for a product your store doesn't carry? Talk to your retailer and ask that they add it to their inventory. Most stores are happy to do this.

Produce

- Fresh Tofu
- Marinated and Seasoned Tofu
- Soy Deli Slices
- Soy Hotdogs
- Soy Ground Round

Dairy

- Soymilk
- Soy Yogurt
- Soy Coffee Creamer
- Soy Cheese

Breakfast Foods

- Breakfast Cereals with Soy Protein
- Breakfast Bars with Soy Protein

Snacks

- Energy and Granola Bars with Soy Protein
- Soynuts

Cooking & Baking Goods

- Soybean Oil
(commonly labeled as vegetable oil)

Salad Dressings and Marinades

- Salad dressings containing soybean oil

Frozen Food Section

- Edamame (whole green soybeans)
- Soy Burger Patties
- Soy Chicken-Flavored Nuggets
- Soy Sausage Links and Patties
- Soy Bacon

Ice Cream and Frozen Desserts

- Soy Frozen Dessert Sandwich Bars
- Soy Frozen Dessert Pints,
- Gallons and Soft-Serve

Spreads and Jams

- Soynut Butter